Winds of Wyoming Book Group Discussion Questions

- 1) Kate Neilson makes major changes in her life, including a move to beautiful Wyoming, "a far cry from the cement prison yard she'd circled twice a day." Where would you like to see yourself in one year, five years, ten years? Will you need to make changes to reach your goal?
- 2) Kate seems to be looking for a place to call "home." What does your ideal place called "home" look like?
- 3) Have you ever heard of the light that Chaplain Sam encouraged Kate to live by? What does "live in the light" mean to you?
- 4) Mike feels like he's let his father down in many ways, especially when he wrecks Old Blue, his dad's favorite pickup truck. How can people still have power over us after they pass away?
- 5) What makes Tara think she and Jerry Ramsey would be great partners? What do they have in common besides wanting to hurt Kate? What draws them together?
- 6) How was Kate able to overcome her trust issues and give God her future? How is God calling you to trust Him?
- 7) Laura quotes an article that says unforgiveness is like a noxious weed that sends fat, ugly roots deep into our souls, producing blossoms of bitterness and the fruit of hatred.

She also pictured the root of guilt as having thousands of secondary roots that strangle the soul the way a root-bound plant chokes itself in a pot. The flower of guilt is a perpetual sense of shame, and the shriveled fruit is an impaired relationship with God.

Do you agree or disagree with her thoughts on these two conditions?

- 8) Dymple encourages Kate to be open and honest with herself and with others, to face her history so she can have a future. Why is transparency so important? Share a time when this principle helped you, or talk about how you might profit from applying this principle to an issue you face.
- 9) When Kate confesses her past to the crowd, she says she is who she is because of where life has taken her and that she's choosing to embrace all of life—her past, her present, and her future—so that she can grow into the woman God wants her to be. What kind of person is God calling you to be? What do you need to embrace?
- 10) What bumps along the road do you sense are in store for Kate and Mike as they begin their new life together?